Check out this web site for other ideas.

<http://www.scribd.com/doc/38693827/100-Research-Paper-Topics#scribd>

Top 100 Research Paper Topics (Updated for 2013)

Medicine / Health Care / Biology

* Maggot therapy is effective for cleaning wounds
* Plastic surgery helps to improve self-esteem
* Chiropractic care helps to treat stress
* Relaxation techniques are effective for treating dental phobia
* Having pets at a young age reduces allergies risk later in life
* Advanced maternal age is more dangerous than we think
* Acupuncture is excellent for fertility in both males and females
* Guided imagery reduces pain in cancer patients
* Video games can be helpful for stroke victims
* Migraine treatment using neurostimulation works
* Virtual autopsies are an effective teaching tool
* Mobile devices are useful for nursing education
* Nursing students benefit from stress management

Education

* Bullying prevention strategies work
* Switch to year-round schooling
* The education system in China is superior to the education system in the US
* Public service announcements only work under certain conditions
* Watching TV is bad for a child’s sleep
* Social networking is harmful to GPA
* Procrastination can be constructive
* Perfectionism is linked to depression and anxiety
* Having a college degree helps you to earn more and find a job more easily
* Business school is valuable, but there is no “best type of manager”
* Making more money will not make you any happier

Criminal Justine / Police / Firefighters

* Incarceration causes mental health issues
* Solitary confinement causes severe mental health issues
* Art therapy in prisons helps alleviate mental health issues
* Prison animal programs are extremely beneficial
* Police chases are no longer necessary because of current technology
* Shift work is dangerous to the mind and body
* The moon does not make people crazy
* Firefighters are dying because of cardiac issues
* Firefighters are hurting themselves greatly when they don’t wear their gear

Exercise Science

* Barefoot running is better than running with sneakers
* Running in general is hazardous to the body
* Riding a bike is dangerous
* Yoga can help treat eating disorders
* Yoga for depression
* Yoga for anxiety
* Yoga for stress
* Martial arts reduces stress
* Creatine is relatively safe
* Exercise is effective at treating different types of depression
* Saunas can help to treat aches and pains

Addiction Treatment Counseling / Social Work

* Multidimensional Family Therapy works well for treating addiction in adolescents
* Transcendental meditation is effective at treating addiction
* Acupuncture is helpful for treating substance abuse
* Bath salts are extremely dangerous
* Electronic cigarettes help people to quit smoking
* Tanning addiction is a very real phenomenon
* Social workers benefit greatly from stress management

Engineering / Technology

* Fracking poses a danger to the water supply
* Asteroids can be mined for profit
* The over-use of computers can lead to many physical problems
* Off shore wind turbines are cost effective

Environmental Science

* Wind turbines are bad for birds
* Vegetarianism is good for the environment
* The rainforest may be the place to find the cure for cancer
* Trap-Neuter-Return is not very effective at helping with the feral cat problem

Political Science

* Plumpynut is very helpful in the fight against starvation in Africa
* Prostitution should be legal for public health reasons
* Campaign finance reform is pointless
* Economic sanctions don’t work

Food Science / Nutrition / Biology / Chemistry

* Organic food has slightly higher amounts of vitamins and minerals
* Aspartame is dangerous
* Aspartame is safe
* Multivitamins are overrated
* Antibiotics are overprescribed
* Echinacea for colds has mixed results
* Olestra is beneficial for weight control
* Vegetarianism is good for the body and mind
* Caffeine is beneficialto the body (but not from soda)
* Caffeine is very dangerous during pregnancy
* Caffeine is beneficialfor the mind
* Fish oil is not a cure for Crohn’s Disease
* High fructose corn syrup is equally as dangerous as sugar
* Watching TV can increase obesity in many different ways
* St. John’s Wort is effective for treating mild depression but bad for bipolar depression
* Aluminum consumption may contributeto Alzhemier’s disease
* Treating Irritable Bowel Syndrome with probiotics doesn’t work

Psychology / Therapy

* Treating Irritable Bowel Syndrome with hypnotherapy works
* CBT for depression
* CBT for schizophrenia
* CBT for stress and anxiety
* CBT for social anxiety
* CBT for anorexia
* CBT for OCD
* CBT for PTSD
* EMDR for PTSD
* VRET for PTSD
* ECT for depression in the elderly
* Light Therapy is effective at treating seasonal depression
* Treating ADHD with neurofeedback
* Meditation is effective at treating stress
* Meditation has a positive effect on self-esteem
* Meditation for anxiety
* Transcendental meditation for high blood pressure
* Music therapy for Alzheimer’s disease
* Music therapy for autism
* Dance therapy for schizophrenia
* Emotional Freedom Technique helps with phobias

Research paper topics that do not work well

* Death penalty
* Abortion
* Euthanasia
* Same-sex marriage
* Affirmative action
* Immigration
* Stem cell research
* Cloning
* Healthcare
* Lower the drinking age
* UFOs built the pyramids
* Chocolate is the best flavor of ice cream
* The world will end on December 21st, 2012
* Lady Gaga is an Illuminati puppet